



Fort Lee Public Schools

Return to School - Guidelines for Parents

Date: _____ Student Name: _____ HR/Student ID# _____

Individuals with COVID - 19 can experience a wide range of signs and symptoms that may vary from very mild to severe. Symptoms may appear **2-14 days after exposure to the virus**. Students experiencing COVID-19 like illness during the school day must be excluded from school.

Your child has exhibited or complained of the following symptom(s): **Please consult your healthcare provider for evaluation on whether testing is needed.**

- Fever of 100
- Chills
- Nausea
- Vomiting
- Diarrhea
- Congestion
- Runny nose
- New loss of taste
- New loss of smell
- Cough
- Sore throat
- Difficulty breathing
- Shortness of breath
- Muscle or body aches
- Fatigue
- Headache

***This list does **not** include all possible symptoms.

***Fort Lee Public Schools will continue to update this list based on CDC guidance.

According to NJDOH guidance:

Your child will need to stay home for:

- At least 10 days since your child reported symptoms at school

AND

- At least 24 hours **after** fever has resolved (without medication like Tylenol/Advil/Motrin)

AND

- All other symptoms have improved

Students may return in fewer than 10 days after meeting one of these conditions:

- With verified medical documentation of alternative diagnosis as a reason for symptoms

OR

- With documentation of a negative COVID-19 test.